

## **Narwals 2019-2020 Year in Review**

### **MEMBERSHIP and PROGRAMMING**

For the 2019-2020 season, Eastside Family YMCA Swim Team had 61 registered members, up from 55 from the previous year. In addition, we also had four coaches on staff: Alyssa Nutile (head coach), Shannon Pietrasiewicz, Dan Saunders, and Anthony Squelgia. Nearly a third of our swimmers were new to Eastside Swim Team this year, but they all fit right in and were ready to compete in just a few weeks! We implemented a comprehensive stroke program for the first month of practice, in addition to slightly longer practice times, and the results speak for themselves!

### **SEASON MEETS and INVITATIONALS**

Our team competed in seven dual meets this year, with three of them being at our home pool at Harborcreek High School. We also attended several larger invitational meets, including the Corry Swim Mania Invite, where our team came in first place and won the Swim Mania championship belt!

### **EASTSIDE INVITATIONAL**

We also hosted our own Eastside Invitational again in January this year, raising around \$8000 for our team which pays for a large portion of our operating costs. We were able to host 10 teams, with over 270 swimmers total competing at our meet. Our amazing team parents are to thank for running the meet, with sincere gratitude to our 17 team sponsors who donating money, goods, or food to aid our fundraising efforts.

### **CHAMPIONSHIP MEET**

At our league championship meet, our 8 and Under Girls and 9-10 Boys placed second overall in the league, and our 9-10 Girls and 11-12 Girls placed first in the league, out of a total of 10 teams!

### **DISTRICT MEET**

At the Western PA YMCA District meet (where swimmers must meet qualifying times to attend), over half of our team qualified, with 31 swimmers making a district qualifying time and 29 swimmers attending. Multiple swimmers placed in the top 3 for the entire district in their events.

### **STATE MEET**

From the District meet, we then had 13 swimmers qualify to compete at States.

### **OTHER TEAM ACHIEVEMENTS**

Although our season came to an abrupt end as the State Meet was cancelled due to the COVID-19 outbreak, we are still incredibly proud of our team this year. Every member of our team made huge improvements from the beginning of the season to the end, setting many personal records and meeting many goals they had set for themselves. In total, our swimmers set ten new team records this year, and we had an unprecedented level of practice attendance, particularly from our new swimmers. We laid some great groundwork this season to build upon in the coming years. Go Narwhals!

**District Top Threes:**

Jaslene Cage: 2<sup>nd</sup> 200 Free 2:17.75, 1<sup>st</sup> 100 Free 1:02.65, 2<sup>nd</sup> 100 IM 1:14.77

Ben Camera: 3<sup>rd</sup> 200 Free 2:18.47, 3<sup>rd</sup> 100 Free 1:03.65, 1<sup>st</sup> 100 Breaststroke 1:23.25

Chloe Borrero: 2<sup>nd</sup> 50 Back 29.41, 1<sup>st</sup> 100 Free 56.51, 2<sup>nd</sup> 100 Back 1:03.03

Elizabeth Golden: 1<sup>st</sup> 50 Free 26.14, 3<sup>rd</sup> 100 Breaststroke 1:13.87, 3<sup>rd</sup> 50 Breaststroke 33.39

11-12 Girls 200 Free Relay – 2<sup>nd</sup> Place – 1:48.62 – Chloe Borrero, Maddie Amon, Olivia Bulger, Elizabeth Golden