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## EASTSIDE YMCA SWIM TEAM FAQ SHEET

**Q. Who is eligible to be on Swim Team?**

- A. Participants must be able to swim one length (25 yards) freestyle and one length (25 yards) backstroke without any assistance and without stopping. All swimmers must have a YMCA of Greater Erie Membership in order to participate; this is a National YMCA guideline.

**Q. How much does it cost to be on Swim Team?**

- A. For the first swimmer the cost will be \$220 and then \$200 for any additional swimmers in your family. High School swimmer's cost is \$125 with coach verification.

**Q. What does my registration fee cover?**

- A. Coach's salaries, pool rental fees, general operating costs, and dual meets.

**Q. What does my registration fee not cover?**

- A. Swim suit, goggles, and training equipment, team clothing, special events, invitational, and championship meet costs.

**Q. Where do we practice?**

- A. Harborcreek High School Monday-Thursday. Some practices will be held at Eastside YMCA which will be announced as the season progresses.

**Q. When do we practice?**

- A. Practice will begin on Monday September 11, 2023. Swimmers will be divided into groups as the season progresses based on ability, etc., but practice will be held between 6-8pm. Practice time and length may be adjusted as we get into the season.

**Q. When can we sign up?**

- A. Registration will be open on Monday, September 7, 2023. Returning swimmers and families can register online or at the front desk through October 23, 2023. New swimmers will need to register for a swim test prior to registering for the season. New swimmer testing times will be posted online or can be scheduled with the head coach.

**Q. What if I cannot make every practice?**

- A. We understand and encourage you to make as many as you can. The more practices you attend, the more you will gain from our program. There are minimum practice attendance depending on their group which is set by our league to participate in meets, and there are suggested practice attendance guidelines that vary between our swim groups.

**Q. Do I have to compete?**

- A. We are a competitive swim team. You will benefit and gain life lessons by competing. We strongly encourage you to compete. Communication with coaches about participation in meets is essential.

**Q. What do I need for practice?**

- A. You will need a swim suit, swim cap, goggles, water bottle, a towel and a positive attitude! Additional equipment (kickboard & pull buoy) is highly recommended, but it is not required. Advanced swimmers should also have fins & swim paddles. Recommended gear will be listed on the team store on SwimOutlet – details will be provided upon registration.

**Q. What do I need for a swim meet?**

- A. You will need a swim suit, Eastside Y swim cap, goggles, water bottle, extra towels and a smile!

**Q. What is a dual meet?**

- A. Dual meets are our league scheduled meets and should be attended by all swimmers on the team. There is no fee for these meets and they are against one other team. Coaches pick the events in which swimmers will compete.

**Q. What is an invitational?**

- A. These meets are optional, and usually have an entry fee per event entered. You and your child pick the events in which you want to compete.