	G	ilmore Re		- Glenw er Program Schedule for comp		YMCA	
	Sunday East West	Monday East West	Tuesday East West	Wednesday East West	Thursday East West	Friday East West	Saturday East West
5:00 AM	Last West	OPEN GYM	OPEN GYM	OPEN GYM	Edot West	OPEN GYM	
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	OPEN GYM	Silver Sneakers	Silver Sneakers	Silver Sneakers	0	Silver Sneakers	
8:30 AM							0
9:00 AM		Open Pickleball *		OPEN GYM	P Open Pick		
9:30 AM							P
10:00 AM				Intro to Sports		Open Pickleball *	_
10:30 AM					E		E
10:45 AM							N
11:00 AM		Silver Sneakers	0	Silver Sneakers OPEN PICKLEBALL	N	Silver Sneakers	-
11:30 AM							
12:00 PM		OPEN PICKLEBALL	P			OPEN PICKLEBALL	
12:30 PM							G
1:00 PM			E				V
1:30 PM 2:00 PM			N				-
2:30 PM					G	0	M
3:00 PM				OPEN		P	
3:30 PM			G	GYM	V	E	
4:00 PM			J	GIM			
4:30 PM		OPEN GYM	Y M		M	N	
5:00 PM				Intro to Sports			GLENWOOD PARK
5:30 PM						G	
6:00 PM						Y	
6:30 PM				OPEN GYM		_	YMCA HOURS
7:00 PM						M	
7:30 PM							M-TH: 5A - 9P
8:00 PM	PLEASE NOTE!						F: 5A - 8P
8:30 PM DOORS LOCK 30 MINS PRIOR TO CLOSE;							SA: 7A - 5P
9:00 PM EVERYONE MUST EXIT BUILDING BY CLOSE.							SU: 8A - 3P
9:30 PM	* - Sunday Pickle	eball League for R	EGISTERED PLAY	ERS ONLY			
				Only two courts ava			
		SCHEE	OULE AS OF 9/15/2	025 - Schedule is s	ubject to change.		