

AOA SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00am	GE Room SS YOGA Dianne		GE ROOM SS CLASSIC Dianne		GE ROOM SS YOGA Dianne	
9:00am	GE ROOM SS CLASSIC Dianne	(GYM 1) CHAIR GROOVE Kelly	GE ROOM SS COMBO Gary	GE ROOM CHAIR GROOVE Karen	GE ROOM SS CLASSIC (GYM 1) Bootcamp Gold Kelly	
10:00am	GE ROOM SS YOGA Dianne	(GYM 1) BOOTCAMP GOLD Shelly		GE ROOM LINE DANCE Sherry	GE ROOM SS YOGA Dianne	
1:00pm	GE ROOM SS YOGA Pam	GE ROOM SS CLASSIC Pam		GE ROOM SS YOGA Pam	GE ROOM SS BOOM MOVE Pam	
1:45pm					GE ROOM SS ENERCHI Pam	
6:00pm						