



ACTIVE OLDER ADULT PROGRAMMING

SEPTEMBER 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



HAPPY LABOR DAY!
YMCA CLOSED

2

10am - 12pm
CommuniTea GLY

3

8am - 11am
Flu Shots GLY
1pm - 2pm
Parkinson's
Support Group ESY

4

5

8am - 11am
Flu/Covid Shots CTY

8

9

10am - 12pm
CommuniTea GLY

10

10am
Speaker: Rebich -
Market Volatility GLY

11

12

15

8:30am - 11:30am
Flu/Covid Shots ESY

16

10am - 12pm
CommuniTea GLY
11am CTY
Speaker: Marquette
Fraud Department

17

10am
Speaker: Rebich -
Market Volatility ESY
10am GLY
Speaker: Sarah Reed
12:30 Bible Study ESY
1pm Movie ESY

18

19

10am
Speaker: VA -
Mental Health GLY
10am - 12pm Card
and Game Club ESY
12pm - 2pm Meet @
Greet @ Rosco's

22

23

10am - 12pm
CommuniTea GLY

24

12:30 Bible Study ESY

25

26

9:45am BIRTHDAY
CAKE! Sept and Oct
birthdays ESY

29

30

10am - 12pm
CommuniTea GLY
10am AND 11am
Trivia Tuesday ESY

PROGRAMMING TO LOOK OUT FOR:

SEPTEMBER 20 (Saturday) - Y U Steppin' at ESY 11am

COMING UP NEXT MONTH:

OCTOBER 1 - Speed Dating/Speed Friending at Rosco's 11am

OCTOBER 15 - Line Dancing at Hose Co 27 6pm