

Gymnasium – County YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 AM	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN						
5:30 AM											
6:00 AM											
6:30 AM											
7:00 AM											
7:30 AM	7:30AM-8:30AM WALKING CLUB	7:30AM-8:30AM WALKING CLUB	7:30AM-8:30AM WALKING CLUB	7:30AM-8:30AM WALKING CLUB	7:30AM-8:30AM WALKING CLUB	7AM-9AM FULL GYM OPEN					
8:00 AM											
8:30 AM	8:30AM-11AM ADULT PICKLEBALL		8:30AM-10:30AM ADULT PICKLEBALL		8:30AM-11AM ADULT PICKLEBALL	9AM-11AM SOCCER (Oct. 18-Dec. 13)					
8:45 AM											
9:00 AM		9AM-10AM SILVER SNEAKERS		9AM-10AM SILVER SNEAKERS							
9:30 AM		10AM-11AM A.O.A.F.	10:30AM-12PM PROGRAM (Paused until Jan. 14)	10AM-11AM A.O.A.F.							
10:00 AM											
10:30 AM						11AM-1PM FULL GYM OPEN	11AM-12PM FAMILY GYM TIME				
10:45 AM											
11:00 AM	11AM-2PM ADULT BASKETBALL	11AM-2PM ADULT PICKLEBALL	12PM-2PM ADULT BASKETBALL	11AM-2PM ADULT PICKLEBALL	11AM-2PM ADULT BASKETBALL			12PM-3PM FULL GYM OPEN			
11:30 AM											
12:00 PM											
12:15 PM											
12:30 PM											
1:00 PM											
1:30 PM											
2:00 PM	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB						
2:30 PM											
3:00 PM	3PM-5:30PM FULL GYM OPEN	3PM-9PM FULL GYM OPEN	3PM-4PM FULL GYM OPEN	3PM-9PM FULL GYM OPEN	3PM-6PM FULL GYM OPEN						
3:30 PM			4PM-5:30PM PROGRAM (Paused until Jan. 14)								
4:00 PM											
4:30 PM											
4:45 PM											
5:00 PM											
5:30 PM	5:30PM-9PM ADULT PICKLEBALL		5:30PM-9PM ADULT PICKLEBALL		6PM-8PM OPEN VOLLEYBALL						
6:00 PM											
6:30 PM											
7:00 PM											
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											
9:30 PM											
Effective November 16, 2025 - Next Update: January 2026											

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FULL GYM OPEN (38 hrs)	Indicates the gym is open to all activities and is to be shared with others. This time is NOT available to be consumed by one activity. At times, the gym curtain will be used to divide the space in half.
BASKETBALL (8 hrs) PICKLEBALL (20 hrs) VOLLEYBALL (2 hrs)	Indicates the gym is reserved specifically for this activity and is not open for other activities.
PROGRAMS/CLASSES (19 hrs)	Indicates the gym is CLOSED for a specific program or class.