

Gymnasium - County YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
5:30 AM	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN	5AM-7:30AM FULL GYM OPEN		
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM	7:30AM- 8:30AM WALKING CLUB	7:30AM- 8:30AM WALKING CLUB	7:30AM- 8:30AM WALKING CLUB	7:30AM- 8:30AM WALKING CLUB	7:30AM- 8:30AM WALKING CLUB		
8:00 AM							
8:30 AM							
8:45 AM							
9:00 AM	8:30AM-11AM ADULT PICKLEBALL	9AM-10AM SILVER SNEAKERS	8:30AM- 10:30AM ADULT PICKLEBALL	9AM-10AM SILVER SNEAKERS	8:30AM-11AM ADULT PICKLEBALL		
9:30 AM							
10:00 AM		10AM-11AM A.O.A.F.		10AM-11AM A.O.A.F.			
10:30 AM							
10:45 AM							
11:00 AM			10:30AM-12PM PROGRAM				
11:30 AM	11AM-2PM ADULT BASKETBALL	11AM-2PM ADULT PICKLEBALL	12PM-2PM ADULT BASKETBALL	11AM-2PM ADULT PICKLEBALL	11AM-2PM ADULT BASKETBALL		
12:00 PM							
12:15 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB	2PM-3PM WALKING CLUB		
2:30 PM							
3:00 PM			3PM-4PM FULL GYM OPEN				
3:30 PM	3PM-6PM FULL GYM OPEN	3PM-6:30PM FULL GYM OPEN	4PM-5:30PM PROGRAM	3PM-6:30PM FULL GYM OPEN	3PM-6PM FULL GYM OPEN		
4:00 PM							
4:30 PM							
4:45 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM	6PM-9PM ADULT PICKLEBALL	6:30PM- 8:30PM PROGRAM	5:30PM-9PM ADULT PICKLEBALL	6:30PM- 8:30PM PROGRAM	6PM-8PM OPEN VOLLEYBALL		
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

Effective January 2026 - Next Update: February 2026 (Extending Saturday hours to 3pm)

FULL GYM OPEN (37.5 hrs)	Indicates the gym is open to all activities and is to be shared with others. This time is NOT available to be consumed by one activity. At times, the gym curtain will be used to divide the space in half.
BASKETBALL (8 hrs) PICKLEBALL (19.5 hrs) VOLLEYBALL (2 hrs) FAMILY GYM (1 hr)	Indicates the gym is reserved specifically for this activity and is not open for other activities.
PROGRAMS/CLASSES (21 hrs)	Indicates the gym is CLOSED for a specific program or class.