



# ACTIVE OLDER ADULT PROGRAMMING FEBRUARY 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

10am - 12pm  
CommuniTea GLY

3

Noon - 1pm  
Bible Study ESY  
1pm Parkinson's  
Support Group ESY

4

5

**WEAR RED DAY!**  
Don a red shirt for  
Heart Month

6

9

10am - 12pm  
CommuniTea GLY

10

Noon - 1pm  
Bible Study ESY  
9am - 11am  
ERIE VETS CENTER  
MOBILE UNIT - ESY

11

12

**MEET & MINGLE**  
Meet the group at  
Five Iron for laughs,  
conversation, and  
duckpin bowling!

13

10am  
LINE DANCE - CTY

16



**MARDI  
GRAS**

10am - 12pm  
CommuniTea GLY

17

*Ash*  
*wednesday*

9am - 11am GLY  
SENIOR FITNESS  
ASSESSMENTS  
Noon - 1pm  
Bible Study ESY

18

19

**MEET UNDER THE  
CLOCK FOR SCOTTISH  
COUNTRY DANCING  
AT THE BOSTON  
STORE - 6pm - 9pm**

20

12pm - 2pm  
Rosco's Meet & Greet

23

10am - 12pm  
CommuniTea GLY

24

Noon - 1pm  
Bible Study ESY  
10am American Heart  
Association: Life's  
Essential 8

25

26

10am  
LINE DANCE - CTY  
11am  
LIFE NWPA - Make  
Heart-Healthy Spice  
Blends CTY

27

## PROGRAMMING IN THE MONTHS AHEAD

CONSUMER PROTECTION WEEK EVENTS March 2 - 5

SPRING AND SUMMER PROGRAMMING SIGNUPS

ACTIVE OLDER ADULT WEEK at ESY, April 20 - 24

LUNCH & LINE DANCE starts in April