

Original Gymnasium - Glenwood Park YMCA

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday							
	East	West	East	West	East	West	East	West	East	West	East	West	East	West						
5:00 AM			OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM									
5:30 AM																				
6:00 AM																				
6:30 AM																				
7:00 AM			CHILD CARE		CHILD CARE		CHILD CARE		CHILD CARE		CHILD CARE									
7:30 AM																				
8:00 AM																				
8:30 AM																				
9:00 AM	OPEN GYM				OPEN GYM								S O C C E R							
9:30 AM																				
9:45 AM																				
10:00 AM																				
10:30 AM					Intro to Sports															
11:00 AM	PLAY PRACTICE				OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM									
11:30 AM																				
12:00 PM																				
12:30 PM																				
1:00 PM											OPEN GYM									
1:30 PM																				
2:00 PM																				
2:30 PM																				
3:00 PM			CHILD CARE		CHILD CARE		CHILD CARE		CHILD CARE		CHILD CARE									
3:30 PM																				
4:00 PM																				
4:30 PM																				
5:00 PM					Intro to Sports		PLAY Practice						GLENWOOD PARK							
5:30 PM																				
6:00 PM																				
6:15 PM																				
6:30 PM			PLAY Practice		OPEN GYM		PLAY LEAGUE		PLAY LEAGUE		PLAY LEAGUE									
7:00 PM																				
7:30 PM													YMCA HOURS							
8:00 PM																				
8:30 PM																				
9:00 PM																				
9:30 PM																				

PLEASE NOTE!
DOORS LOCK 30 MINS PRIOR TO CLOSE;
EVERYONE MUST EXIT BUILDING BY CLOSE

M - TH, 5A - 9P
F, 5A - 8P
SA, 7A - 5P
SU, 8A - 2P