

LARGE POOL SCHEDULE

GLENWOOD PARK YMCA

**May 11-
June 14,
2026**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>
	5:30-9:00am	5:30-9:00am	5:30-9:00am	5:30-9:00am	5:30-9:00am	7:00-4:30pm	8:00-1:30pm
	All Lanes	All Lanes	All Lanes	All Lanes	All Lanes	All Lanes	All Lanes
	Shallow	Deep	Shallow	Deep	Shallow		
	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Water Fitness		
	9:15-10:00am	9:15-10:00am	9:15-10:00am	9:15-10:00am	9:15-10:00am		
	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>	<u>Open Lap Swim</u>		
	10:00-4:45pm	10:00-5:30pm	10:00-8:30pm	10:00-7:30pm	10:00-7:30pm		
	All Lanes	All Lanes	All Lanes	All Lanes	All Lanes		
	Special Olympics	Shallow Water		Special Olympics			
	Swim Practice	Fitness		Swim Practice			
	4:45-5:45pm	5:45-6:30pm		7:30-8:30pm			
	No Open Swim			No Open Swim			
		<u>Open Lap Swim</u>		7:30-8:30pm			
	<u>Open Lap Swim</u>	6:30-8:30pm					
	5:45-8:30pm	All Lanes					
	All Lanes						

During Open Lap Swim times, lanes are shared/split between 2 swimmers. More than 2 swimmers are permitted in a lane if they are in the same family or group. Lap swimmers or patrons doing exercise have priority use of the pool. Others may be asked to use the small pool.

Youth 17 & under must pass a deep water competency swim test to use the pool. Once swimmers have successfully completed the test, they are required to wear a GREEN wristband. Wristbands are available at the desk upon arrival. Tests may be administered at any time staff is available and not on guard duty.

Aquatic programs have priority use of our pools. Schedule is subject to change.

Rev.5/6/26
Removed lesson times

Water Fitness classes have priority use of the pool. Use is limited to class participants only. During swim lesson times, lanes are limited. If available, lanes are to be used for Lap Swim only.

Glenwood Park YMCA
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