



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Eastside Family YMCA

Small/Family Pool Schedule

August 23-30, 2026

CLOSING FOR RENOVATIONS AUGUST 31!!

****subject to change based on guard availability****

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all.

Pool Opens: Monday-Friday 6:00am; Saturday 7:00am; Sunday 9:00am

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 7:00am	Open Swim 6:00-8:00am	Open Swim 6:00am-8:30pm	Open Swim 6:00-8:00am	Open Swim 6:00am-8:30pm	Open Swim 6:00-8:00am	Open Swim 7:00am-12:00pm	
7:00 - 7:30am							
7:30 - 8:00am							
8:00 - 8:30am	Arthritis 8:00-8:45am		Arthritis 8:00-8:45am		Arthritis 8:00-8:45am		
8:30 - 9:00am							
9:00 - 9:30am	Healthy Back 9:00-9:45am		Healthy Back 9:00-9:45am		Healthy Back 9:00-9:45am		
9:30 - 9:45am							
9:45 - 10:00am	Functional Fitness 9:45-10:30am		Water Walkers 9:45-11:00am		Water Walkers 9:45-11:00am		
10:00 - 10:30am							
10:30 - 11:00am	Water Walkers 10:30-11:00am						
11:00 - 11:30am	Open Swim 11:00am-5:00pm					Open Swim 9:00am-2:30pm	
11:30 - 12:00pm							
12:00 - 12:30pm							
12:30 - 1:00pm							
1:00 - 1:30pm							
1:30 - 2:00pm			Open Swim 11:00am-5:00pm	Open Swim 11:00am-4:00pm	*Birthday Party* 12:30-1:30pm		
2:00 - 2:30pm							
2:30 - 3:00pm							
3:00 - 3:30pm					Open Swim 12:00-4:00pm		
3:30 - 4:00pm							
4:00 - 4:30pm				Arthritis 4:00-4:45pm	Pool Closes @ 4:00pm		
4:30 - 5:00pm							
5:00 - 5:30pm	Arthritis 5:00-5:45pm		Arthritis 5:00-5:45pm				
5:30 - 6:00pm				Open Swim 5:00-7:00pm			
6:00 - 6:30pm	Open Swim 6:00-8:30pm						
6:30 - 7:00pm							
7:00 - 7:30pm			Open Swim 6:00-8:30pm		Pool Closes @ 7:00pm		
7:30 - 8:00pm							
8:00 - 8:30pm							

Pool Closes: Monday-Thursday 8:30pm; Friday 7:00pm; Saturday 4:00pm; Sunday 2:30pm

OPEN	Indicates open swim; times subject to change based on lifeguard availability
Y Swim Lessons/ Water Classes	Indicates classes/Adult exercise only available in opposite end
	Indicates pool is not available for open swim

Small Pool Closure for Renovation
The Eastside Family YMCA small pool will be closed for renovations beginning Monday, August 31.

During open swim, children 5 and under must be within arm's reach of an adult (18 or older) in the water.
Children 6-8 must have an adult in the pool area.

Private Swim Lessons will receive priority access to the pools during regular operating hours

*Effective August 23