

Gymnasium - County YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM	5AM-8AM FULL GYM OPEN	5AM-9AM FULL GYM OPEN	5AM-8AM FULL GYM OPEN	5AM-9AM FULL GYM OPEN	5AM-8AM FULL GYM OPEN	7AM-9AM ADULT PICKLEBALL
5:30 AM						
6:00 AM						
6:30 AM						
7:00 AM						
7:30 AM	8AM-10:45AM ADULT PICKLEBALL	9AM-10AM SENIOR FITNESS	8AM-10:45AM ADULT PICKLEBALL	9AM-10AM SENIOR FITNESS	8AM-10:45AM ADULT PICKLEBALL	9AM-11AM OPEN GYM <i>Indoor Soccer Begins Oct. 24</i>
8:00 AM						
8:30 AM						
8:45 AM		10AM-11AM A.O.A.F.		10AM-11AM A.O.A.F.		
9:00 AM						
9:30 AM						
10:00 AM						
10:30 AM						
10:45 AM						
11:00 AM	11AM-11:30AM CHILDCARE	11AM-11:30AM CHILDCARE	11AM-11:30AM CHILDCARE	11AM-11:30AM CHILDCARE	11AM-11:30AM CHILDCARE	11AM-3PM OPEN GYM <i>Birthday Parties may be booked during this time</i>
11:30 AM	11:30AM-2:15PM FULL GYM OPEN	11:30AM-2PM ADULT PICKLEBALL	11:30AM-2:15PM ADULT BASKETBALL	11:30AM-2PM ADULT PICKLEBALL	11:30AM-2:15PM ADULT BASKETBALL	
12:00 PM						
12:15 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM						
2:15 PM	2:15PM-3PM CHILDCARE	2:15PM-3PM CHILDCARE	2:15PM-3PM CHILDCARE	2:15PM-3PM CHILDCARE	2:15PM-3PM CHILDCARE	
2:30 PM						
3:00 PM	3PM-6PM FULL GYM OPEN	3PM-5PM FULL GYM OPEN	3PM-6PM FULL GYM OPEN	3PM-4:15PM FULL GYM OPEN	3PM-6PM FULL GYM OPEN	
3:30 PM				4:15PM-5:30PM INTRO TO SPORTS		
4:00 PM						
4:15 PM						
4:30 PM						
4:45 PM						
5:00 PM		5PM-6:30PM TUMBLING				
5:30 PM						
6:00 PM	6PM-9PM ADULT PICKLEBALL	6:30PM-9PM FULL GYM OPEN	6PM-9PM ADULT PICKLEBALL	5:30PM-9PM FULL GYM OPEN	6PM-8PM Open Volleyball (NORTH GYM/HALF GYM)	
6:30 PM						
7:00 PM						
7:30 PM						
8:00 PM						
8:30 PM						
9:00 PM						

Effective October 5, 2026 - Next Update: November 1, 2026

OPEN GYM	Indicates the gym is open to all activities and is to be shared with others. <u>This time is NOT available to be consumed by one activity.</u> The Gym curtain will be down during Open Gym.
OPEN GYM	Indicates same offerings as Open Gym but during this specific time the gym is open for rentals such as birthday parties. Signs will be posted when bookings are made to let members know <u>one half of the gym will be closed.</u> You are encouraged to call ahead.
BASKETBALL PICKLEBALL	Indicates the gym is reserved specifically for this activity and is not open for other activities.
PROGRAMS CLASSES CHILDCARE	Indicates the gym is CLOSED for a specific program or class.

NOTE: Our Gymnasium is a state licensed space for Childcare. When we have inclement weather, Childcare will have priority over gym space and time. Thank you for understanding!