	2026 OH AP Sleigh Ride Spectacular **Part 2 of the Poseidon Championship Series** **December 13, 2026** **Held under the approval of USA Swimming** **Approval # : OH-27SC-148AP**	**Hosted by** **CFYN Tigersharks**

Location:	Ocasek Natatorium University of Akron, 402 Carroll St, Akron, Oh 44304.
Facility:	25 yards by 8 lanes, Colorado timing system and 8 lanes digital readout score board with spacious locker room space and balcony seating for spectators, continuous warm-up and warm-down available. The depth of the pool at the start end is 14 feet. The depth of the pool at the turn end is 8 feet. The meet host will ensure the required course dimensions.
Meet Director:	Becky Turnbull PCSentries@gmail.com 330-962-5427
Meet Referee:	Meet Referee: Keith Turnbull Deck Referee – Don Kitchen
Meet Admin:	Keith Turnbull
Entry Chair:	Keith Turnbull PCSentries@gmail.com 330-203-9037
Disclaimer:	In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Approved Closed YMCA Invitational Timed Finals
Entry Deadline	Entries must be received by 11:59pm Saturday December, 5, 2026. Only Hy-Tek electronic entries will be accepted. TM entry file can be downloaded at www.neoyswim.org
# and Description of Session:	Session 1 – 12/14/25- 10 & under swimmers -Timed Finals - warm-ups will begin at 7:30 am for CFYN swimmers. All other teams will begin warm-ups at 8:15. The meet will begin at 9:00am. Session 2- 12/14/25- 11 & over swimmers, Warm-up times and any necessary revisions to the warm-up plan will be posted on www.PoseidonChampionshipSeries.com, and sent to coaches by Friday December 13, 2026.
Medical Supervision available to athletes	Life guards will be available for medical supervision. AED devices are available for use by trained life guards.

Organization Regulations/Waivers	
USA Swimming Rules	☐ Any swimmer entered in the meet must be certified by a certified coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. ☐ The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. ☐ Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the LESI Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. ☐ Deck changes are prohibited. ☐ Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. ☐ Flash photography is not permitted at the start of any race. ☐ All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. Please refer to USA technical rule book for definitions of a technical suit.
Racing Starts	Any swimmer entered in the meet must be certified by a certified coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	☐ Ohio's Return to Play Law (ORC 3313.539 and ORC 3707.511) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can e found at www.swimohio.com under the Safe Sport>Concussion. ☐ There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	☐ The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. ☐ The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. ☐ Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. ☐ All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the

Organization Regulations/Waivers	
	competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. ☐ All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. ☐ Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
Child Protection Training	All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the YMCA of the USA approved child protection training course.
Waiver/Release	☐ In granting this approval, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. ☐ By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. ☐ All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet. ☐ RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVIC-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc. cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/for yourself to and/for increasing your risk of contracting or spreading COVID-19.
Code of Conduct	☐ Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. ☐ Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. ☐ The OSI Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. OSI Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of OSI Swimming. The complete OSI Swimming Code of Conduct can be reviewed on the OSI Swimming website under Governance> OSI Policy & Procedures Manual.

Entering the Meet and Competition Information	
Entry Limits **Entry Fees:**	□ Swimmers may swim a maximum of 4 individual events and 2 relays per day. □ $7.00 per individual event. $18.00 per relay event. □ A $4.00 per swimmer surcharge will be added for the Poseidon Championship series fee and heat sheet printing privileges □ All entries & surcharges are non-refundable.
Entry Procedures:	□ Deadline for receipt of entries is Saturday December 5, 2026 □ Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek). □ Send entries to Entry Chair PCSentries@gmail.com □ Bring check to the meet or mail check payable to CFYN Tigersharks to CFYN Swim Boosters, P.O. Box 49, Cuyahoga Falls, OH 44222. Please send only one check per team. Entry fees may be paid by credit card upon request. Send your request with your entries and we will email an invoice through Square which can be paid on-line. A 3.5% service charge will be added for credit card processing. Coaches are encouraged to estimate entry times rather than sending No Times (NT) The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Entry Eligibility	□ All swimmers must be current athlete members of a YMCA swim team. This meet meets the requirements of a closed YMCA meet in determining eligibility to compete in the YMCA Great Lakes Zone meet. All coaches must display the deck pass (wristband) issued by the meet host. Only coaches, swimmers, and meet personnel will be permitted on deck. □ Age is determined as of December 1, 2026.
Qualifying Times	□ There are no qualifying times for this meet. Coaches are encouraged to estimate entry times rather than sending No Times (NT)
Warm-up and Safety Guidelines:	□ ***Session 1- 10 & Under Swimmers*** *CFYN Warm-ups begin at 7:45 am* *All other teams warm-up begins at 8:15 am* ***Session 2- 11 & over swimmers*** *Warm-up times will be determined after entries have been received.* *Estimated Warm-up times and a detailed warm-up plan will be emailed out to the coaches and posted by Thursday December 10, 2026.* □ Swimming safety guidelines and warm-up procedures will be in effect at all times. □ Coaches must maintain contact with their swimmers during warm-up and throughout the meet. □ During sprint starts, swimmers are to sprint one way and climb out at the far end of the pool. Feet first entry only into the continuous warm-up lanes.
Team Supervision	Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision should contact the Meet Director or Meet Referee to be assigned to a coach.

Entering the Meet and Competition Information	
Competition Guidelines:	☐ The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations, the Ohio Swimming Policy & Procedures, and the NEO/YMCA Swim League ☐ This meet will be pre-seeded. There is no check-in for this meet, and there is no penalty for failure to compete. ☐ Heats will be seeded based on times and run slowest to fastest. ☐ 25 yard events will start off the bulk head. All 8 & under swimmers must report to Clerk of Course prior to their event. 9 & over swimmers will report behind the block.
Deck Entries	☐ Deck entries will be taken on a space available basis up to 35 minutes before the start of the meet and seeded as NT. No additional heats will be added to accommodate deck entries. Deck entrants should sign up at the deck entry table at a cost of $10 per individual event, $20 per relay, plus surcharge if new to the meet.
Awards:	☐ Individual & Relay events: medals 1st -3rd place and ribbons 4th – 8th place. Heat winner awards will be given at the conclusion of each heat. Coaches should pick up all other awards at the conclusion of the meet. Coaches: Please be sure you or another representative of your team wait until all awards have been distributed before taking your team's bag. Awards left behind will NOT be mailed. ☐ **SCORING:** Points for each event will be awarded as follows from 1st through 19th places: 25, 22, 21, 20, 19, 17, 16, 15, 14, 12, 11, 10, 9, 7, 6, 5, 4, 2, and 1. These points will also be used for the Poseidon Championship Series standings. ☐ Events maybe swum together, but will score separately 8 & under, 9/10, 11.12, 13/14, & 15 & over. ☐ **Poseidon Series points** will be awarded and posted on the PoseidonChampionshipSeries.com website within a few days of the completion of the meet.
General:	☐ **Admission:** $7.00 cash / $8.00 credit, ages 6 & older, volunteers & swimmers are free ☐ **Heat sheets:** will be available for printing at no additional charge at www.PoseidonChampionshipSeries.com by Saturday, December 13, 2026. A limited number of heat-sheets will be sold for $4.00 each. ☐ **Concessions**: A Concession stand may be available and run by an independent company contract through the University of Akron. The host team does not control or profit from any part of the concession stand. ☐ **PARKING**: Parking is available in lots adjacent to and across the street from the natatorium and at the parking garage at the corner of Carroll and Spicer Streets. Parking costs are set by the University and the host team does not profit from or control the parking policies. ☐ **RESULTS**: Will be posted on the NEO YMCA League website & the Poseidon Championship series website. Teams may request a backup at the conclusion of the meet. Results will also be submitted to the USA Swimming SWIMS database ***if the swimmer is a USA Swimming member and his/her USA Registration ID is included on the entry.*** ☐ **POSEIDON CHAMPIONSHIP SERIES**: This is the first meet of the Poseidon Championship Series (PCS). Rules, scores, and other PCS information is available at www.PoseidonChampionshipSeries.com. Please note swimmers' scores are tracked in a computer program by their names and birthdates, therefore this data must remain consistent throughout the series of meets in order to ensure accurate scoring. The use of nicknames or neglecting to include a middle initial for swimmers can become a problem if the data changes from one meet to the next. It is the coach's responsibility to ensure their team's entry data is consistent and accurate for each meet. ☐ This is an approved meet through USA swimming, in order to have your times uploaded the Swims database swimmer's Full name, date of birth and USA ID must be included in your entry. ☐ **OFFICIATING OPPORTUNITY** – If you are a certified official and are willing to help please contact Becky Turnbull PCSentries@gmail.com

Sleigh Ride Spectacular
ORDER OF EVENTS

Meet qualifying times:
- No qualifying times

Girls #	8 & Under	Boys #
1	100 Medley Relay	2
7	25 Free	8
13	25 Fly	14
19	Mixed 100 Free Relay **	19
23	25 Back	24
27	25 Breast	28
Girls #	**10 & Under***	**Boys #**
3	200 Medley Relay	4
5	200 Free	6
9	100 IM	10
11	50 Free	12
15	50 Fly	16
17	200 IM	18
20	Mixed 200 Free Relay **	20
21	100 Free	22
25	50 Back	26
29	50 Breast	30
31	500 Free	32

*** Individual events will score 8 & under & 9/10.**
***** The mixed 100 free relay and 200 free relay will consist of 2 girls and 2 boys. If a team chooses to swim this even with only one gender they may do so but the relay will be considered exhibition.***

Session 2

Girls #	11-12	Boys #
33	200 Medley Relay	34
47	200 Mixed Free Relay	47
Girls #	**11 & Over ***	**Boys #**
35	13 & Over 200 Medley Relay	36
37	200 Free	38
39	50 Free	40
41	50 Fly	42
43	100 IM	44
45	100 Fly	46
48	13 & Over Mixed 200 Free Relay **	48
49	50 Back	50
51	100 Free	52
53	100 Back	54
55	50 Breast	56
57	400 IM	58
59	100 Breast	60

Individual events will be scored 11/12, 13/14, and 15 & over.

****The mixed 200 free relay will consist of 2 girls and 2 boys. If a team chooses to swim this even with only one gender they may do so but the relay will be considered exhibition.***

Swimming Meet Accommodation Form for Swimmer with a Disability

Meet Name:	
Date of Meet:	
Team:	
Swimmer's Name:	
Swimmer's Ability Grouping (P1, P2, P3)	
Coach's Name:	
Coach Cell:	

What, if any, accommodations are needed for the swimmer (include access to facility) up to the time they arrive at the starting block?

What modification of the technical rules per Article 105 (in accordance with 105.1.2) are needed for the swimmer with a disability for this event?

Event #	Description	Modification(s) Per Article 105

Please send a copy of this for to both the meet entry chair and Referee for the Meet.